









Peruish CALENDAR 2014-2015 תשע"ה







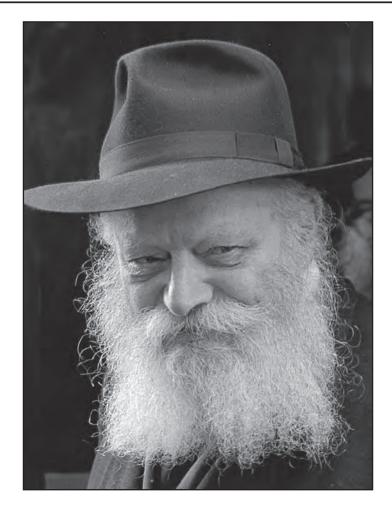












THE LUBAVITCHER REBBE YECHI HAMELECH

This Calendar Is Dedicated To The Rebbe Whose teachings and example are a never-ending source of life for all mankind.

May we continue in his paths and complete the mission with which he has charged us: to make the world conscious of the imminent Redemption and to prepare an environment where this ideal can be realized.



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Site 12, Box 36, RR9, Calgary, Alberta T2J 5G5 37 Street S.W. at Highway 22x (Spruce Meadows Trail S.W.)

Phone: 403-244-4717 (24 Hour Response)



A Voluntary Service To The Jewish Community

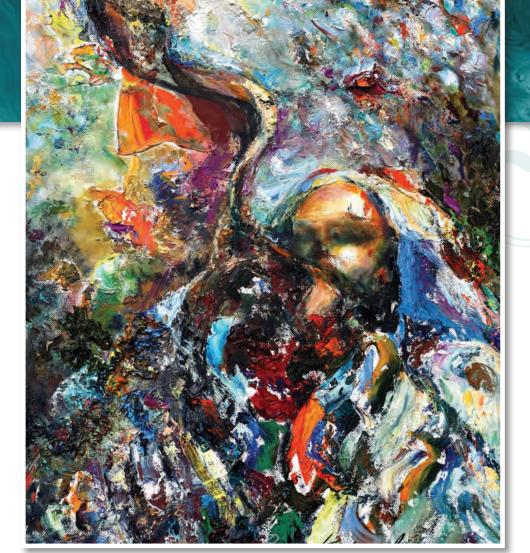
Executive Director Lou Bracey: 403-808-6430 McInnis & Holloway Emergency: 403-243-8200

2014 COMMEMORATING 100 YEARS OF ALBERTA INCORPORATION

The Chevra Kadisha, literally "The Holy Society," is Calgary's oldest Jewish communal organization. Its mandate to provide Jewish burial services is the continuation of an age-old tradition of burying the dead with dignity, with proper ritual and as a communal service. The Chevra Kadisha was formed in 1904, when Calgary had only a few Jewish families. The community was growing rapidly, and in 1914 the Chevra Kadisha was incorporated as an independent society.



Calgary Chevra Kadisha continues to provide a service to the Jewish community maintaining many of the historical traditions of our people that go back hundreds of years. May its volunteer membership continue to grow from strength to strength.



"Shofar", by Rosa Katznelson www.rosakatznelson.com

September 2014 Elul 5774/Tishrei 5775

אלול תשע"ד~תשרי תשע"ה

ELUL

The month of Elul is the time to reflect on the passing year, to examine our behavior and to correct any shortcomings. In synagogues throughout the world, extra prayers are recited daily and the Shofar is sounded every weekday.

THE KING IS IN THE FIELD

When the king leaves his guarded palace and travels through the fields, he makes himself accessible to all — and the people stop what they are doing and come out to greet him, excited by the rare opportunity to see their king up-close. During the month of Elul, G-d is more accessible to us, His people. This notion compels us to stop and reach out to him through repentance, prayer and charity.

ELUL 18

Known as Chai Elul, the "life" of Elul. Birthday of Rabbi Israel Baal Shem Tov (1698), founder of the Chassidic movement, and of Rabbi Shneur Zalman of Liadi (1745), founder of the Chabad movement.

ELUL 25-26

After midnight, we recite Selichot (special penitential prayers). We continue to recite Selichot every morning until Rosh Hashanah.

ROSH HASHANAH

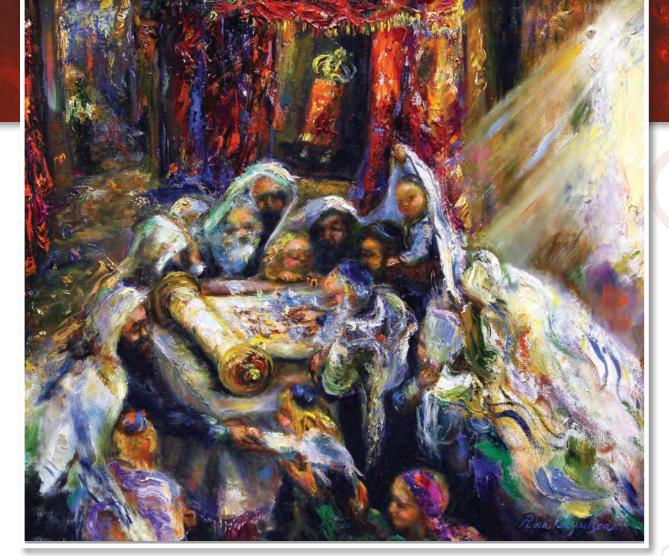
Rosh Hashanah (literally, the "head" of the year) is the beginning of the Jewish year — and the "birthday" of all of creation. It commemorates the creation of Adam and Eve, the first humans. Man was the first to acknowledged G-d's kingship over the universe, and on Rosh Hashanah we renew this commitment to G-d and His commandments.

THE SHOFAR

The sounding of the Shofar (the ram's horn) is a central observance of Rosh Hashanah. The Shofar calls many things to mind: It symbolizes our coronation of G-d as King, it is a "wake up call" to return to G-d, and it presages the coming of Moshiach, whose arrival will be heralded by the "Great Shofar".



S	UNDAY	MONDAY	TUESDAY	Y	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT	
	WISH LEADNING DISTITUTE WWW.myJLl.ca	אלול Elul Labour Day	1 2 P	ז אלו Elul 7	ח אלול n Elul 8	ט אלול Elul 9	י אלול Elul 10	יא אלול Elul 11 KI TEITZEI Pirkei-Avot: Chapter 2 Shabbat ends at 9:01pm	
7	יב אלול Elul 12	אלול Blul 1	9 fit E	יד אק Elul 14	טו אלול 10 Elul 15	טז אלול 1 1 Elul 16	יז אלול Elul 17	יח אלול 13 Elul 18	
							Light candles at 7:39pm	RI TAVO Pirkei-Avot: Chapter 3 & 4 Birthday of Ba'al Shem Tov, founder of Chassidic Movement. Birthday of the Alter Rebbe, 1st Lubavitcher Rebbe in 1745. Shabbat ends at 8:45pm	
14	יט אלול Elul 19	אלול Elul 2	16 dir	כא אי Elul 21	לב אלול Elul 22	כג אלול Elul 23	בד אלול Elul 24	20 אלול הבי אלול אלונע בה אלול הבי האלול אלונע אלונע אלונע אינע אלונע אלונע אלונע אלונע אלונע אלונע אלונע אינע אינע אלונע אלי אלונע אלינע איינע אלינע	
21	כו אלול Elul 26	י אלול Elul 2	7 23 TE	כח אי Elul 28	24 בט אלול Elul 29	א תשרי Tishrei 1	ב תשרי ב תשרי ב Tishrei 2	ג תשרי Tishrei 3 HA'AZINU Shabbat Shuva	
Fast beg	ד תשרי Tishrei 4 GEDALIAH jins at 5:48am	תשרי Tishrei	30 Tis	ו תשו hrei 6	Calgary Yachad Hebrew School www.myHebrewSchool.ca	Light candles after 8:16pm UNITED ALARM Since 1990 www.UnitedAlarm.ca 403-261-8838	RITA Babaganov Realtor #103, 11012 MacLeod Trail S. Calgary, Alberta T21 6A5 Cell: (403) 852-5330 Fax: (403) 271-5909 E-mail: rbabaganov@cirrealty.ca www.ritarita.ca	Shabbat ends at 8:12pm Homes by www.homesbyavi.com	



"At the Torah", by Rosa Katznelson www.rosakatznelson.com

October 2014 Tishrei/Cheshvan 5775

תשרי~חשון תשע"ה

YOM KIPPUR

Yom Kippur, the Day of Atonement, is the holiest day of the Jewish calendar. It is day of spiritual cleansing: We acknowledge our shortcomings and transgressions, with a firm resolution for a better future; G-d promises us forgiveness, and the chance for a fresh start. We refrain from work, and avoid any food or drink, as well as washing, using oils or lotions, marital relations and regular (leather) shoes.

SUKKOT

The name Sukkot is derived from the word Sukkah, or hut. In commemoration of the protective "clouds of glory" with which G-d surrounded the Jewish people on their way out of Egypt, we live in makeshift huts during the seven days of this holiday.

During Sukkot, we observe the special mitzvah of shaking the Lulav (palm branch) and the Etrog (citron). Taken together with the Hadas (myrtle) and the Aravah (willow), these very different plant species represent the unity of disparate types of Jews who, each in their own way, are vital components of the Jewish nation.

SIMCHAT TORAH

Simchat Torah marks the day we complete the reading of the Torah in its annual cycle. On the evening of Simchat Torah, (and in many communities, on the previous evening of Shemini Atzeret as well) we make seven Hakafot (circuits) around the table upon which the Torah is read, dancing and rejoicing with the Torah scrolls. During morning services on Simchat Torah, we complete the Torah, reading the last Torah portion. We immediately start reading the Torah from the beginning again—remembering that the Torah is an endless source of wisdom, each cycle challenging us to discover its ever deeper meaning.



HON. DAVE RODNEY

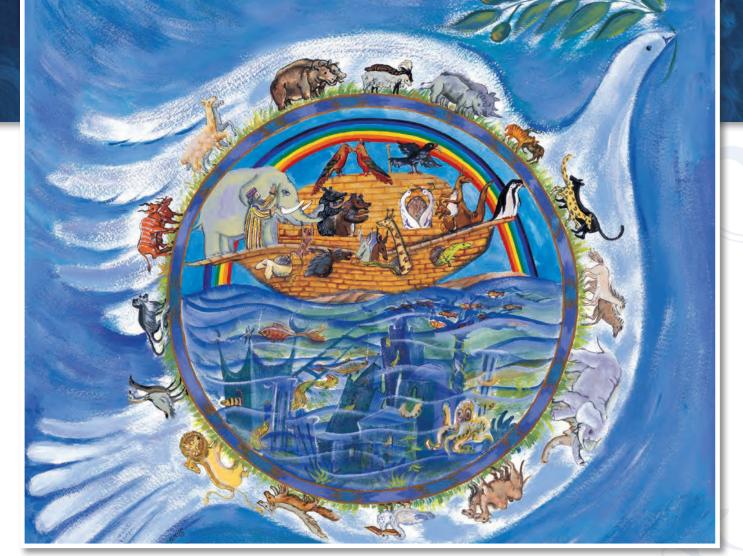
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
Rita Babaganov Realtor #103, 11012 MacLeod Trail S. Calgary, Alberta T2J GA5 Cell: (403) 852-5330 Fax: (403) 271-5909 E-mail: rbabaganov@cirrealty.ca www.ritarita.ca	www.UnitedAlarm.ca 403-261-8838	Miclor Financial Services Inc. SAM GUTMAN PHONE: 403.398.5540 FAX: 403.205.3844 SAM@MICLORFINANCIAL.COM	ז תשרי Tishrei 7	ח תשרי Tishrei 8	ט תשרי Tishrei 9 Light candles and Fast begins at 6:51pm	י תשרי Tishrei 10 Yizkor YOM KIPPUR Holiday ends at 7:56pm
5 Tishrei 11	יב תשרי Tishrei 12	יג תשרי Tishrei 13	פיד תשרי Tishrei 14 Eruv Tavshilin Light candles at 6:40pm	9 טו תשרי Tishrei 15	1 0 טז תשרי Tishrei 16	יז תשרי Tishrei 17
יח תשרי Tishrei 18	יט תשרי Tishrei 19 Thanksgiving Day 3rd Intermediate day	ב תשרי Tishrei 20	15 בא תשרי Tishrei 21	16 כב תשרי Tishrei 22	23 כג תשרי Tishrei 23 SIMCHAT TORAH Light candles at 6:21pm	כד תשרי Tishrei 24 BEREISHIT Blessing of new month Isru Chag
כה תשרי Tishrei 25	כו תשרי Tishrei 26	כז תשרי Tishrei 27	Light candles at 6:25pm כח תשרי 22 Tishrei 28	בט תשרי כט תשרי Tishrei 29 New moon: 9:02 16/18 PM	Light candles at 6:21pm ל תשרי 24 Tishrei 30 Rosh Chodesh Light candles at 6:07pm	Shabbat ends at 7:27pm 25 א חשון Cheshvan 1 NOACH Rosh Chodesh Shabbat ends at 7:13pm
26 Cheshvan 2		ב חשרן The cheshvan 4	ה חשון Cheshvan 5	ו חשרן Cheshvan 6	31 תשון ל Cheshvan 7	MAZEL TOV Brandon on your Bar Mitzva! Love Mom, Dad & Seth SCHOEL
October 201	4 - Tishrei/C	neshvan 5//	O			



November 2014 Cheshvan/Kislev 5775 חשון~כסלו תשע״ה

CHESHVAN 11

Passing of our Matriarch Rachel, wife of Yaakov. Rachel passed away in 1563 BCE as Yaakov was returning home to his parents. She is buried in Bethlehem.

SHMITAH -THE SABBATICAL YEAR

The Jewish year 5775, which began this past Rosh Hashanah, is observed as the Shmitah, the Sabbatical year. The Torah obligates us to leave the land of Israel fallow, and that landowners relinquish ownership of all that does grow so that everyone, even animals, could freely enjoy it. This practice is repeated every seventh

Similar to the day of Shabbat, which is observed weekly, the Sabbatical year reminds us that the G-dly blessing is the true source of our sustenance. The Torah promises that farmers will have enough left from the prior year to sustain them until after the Shmitah. In addition, this year offers farmers the opportunity to spend some time focusing on higher, more spiritual pursuits.

"Noach's Ark", by Tomer Camus, www.camusgallery.com





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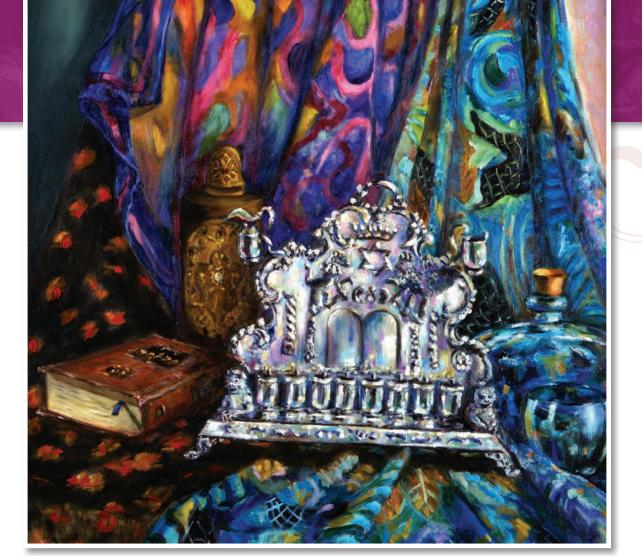






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SUNDAY MONDAY TUESDAY WEDNESDAY	THURSDAY FRIDAY SHABBAT	
MAZEL TOV Brandon on your Bar Mitzva! Love Mom, Dad & Seth SCHOEL Rita Babaganov Realtor #103, 11012 MacLeod Trail S. Calgary, Alberta T2J 6A5 Cell: (403) 852-5330	Www.Ganlsrael.ca 1 Chesh LECH L Www.UnitedAlarm.ca 403-261-8838 Shabbat ends at 7:01pm	
2 ט חשון ט חשון איז חשון 3 ייב חשון 4 Cheshvan 10 איז ראפאר בי חשון 5 Cheshvan 12 איז ראפאר בי חשון 5 Cheshvan 12 איז ראפאר בי חשון 5 ראפארעם איז ראבערעם איז ראי ראבערעם איז ראבערערעם איז ראבערערעם איז ראבערערעם איז ראבערערעם איז ראבערערערערערערערערערערערערערערערערערערע	קיג חשון און לי חשון Cheshvan 13 7 Cheshvan 14 Cheshvan 14	
Standard Time	Light candles at 4:42pm Shabbat ends at 5:51pm	YEIRA
9 טי חשון טי חשון טי חשון טי חשון איני חשון Cheshvan 16 10 Cheshvan 17 11 Cheshvan 18 12 Cheshvan 19 1	ב חשון Cheshvan 20 14 Cheshvan 21 15 Cheshvan 21 15 ChayEl SA	
Rememberance Day	Light candles at 4:32pm Shabbat ends at 5:42pm	
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ע בחלו א	Light candles at 4:23pm Shabbat ends at 5:35pm	ז כסי
23 Kislev 1	Kislev 5 Kislev 6 Kislev 6	slev 7
November 2014 - Cheshvan/Kislev 5775		



"Reb Lazar's Menorah", by Rosa Katznelson www.rosakatznelson.com

9 Consecutive Years

December 2014 Kislev/Tevet 5775

כסלו~טבת תשע״ה

KISLEV 19

"Chassidic Rosh Hashanah". Yartzeit of Rabbi Dov Ber of Mezritch, the second leader of the Chassidic movement (1772). Release from prison of Rabbi Schneur Zalman of Liadi, founder of the Chabad movement (1798). His triumphant release marked a turning point in the spreading of Chassidic thought, and this date is celebrated in many communities throughout the world.

CHANUKAH

The kindling of the Menorahis the focal point of the Chanukah holiday, symbolizing religious freedom and the strength of the Jewish spirit. The menorah is kindled on each of the eight nights of Chanukah, this year beginning Tuesday night, December 16th.

The Menorah is placed at the left side of a central doorway of the home, or at the front window. The candles should be lit immediately following sunset, and should be prepared so that they will remain lit for at least a half hour after dusk. In keeping with Shabbat observance, the Menorah is lit before the Shabbat candles on Friday evening and after the Havdalah ceremony at the end of Shabbat.

Gather all family members and light the Shamash, the service candle. Recite the proper blessings and then light the candles beginning from the left. Then place the Shamash at its designated place, separated from the other candles.



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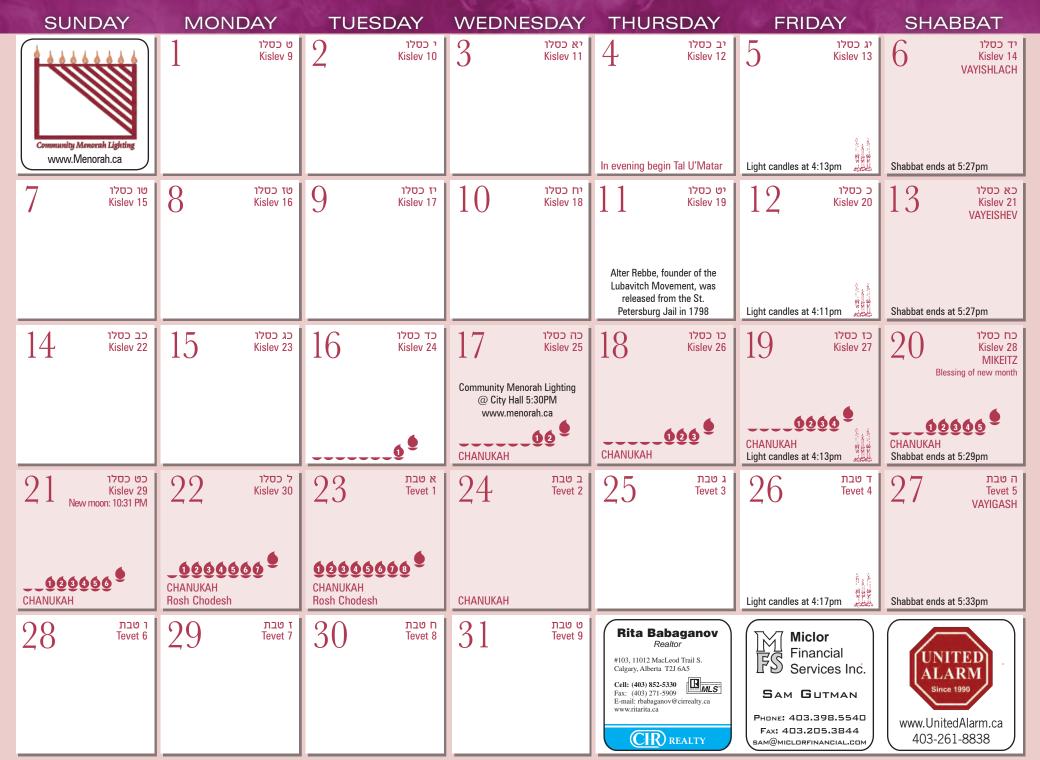
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7 Consecutive Years







January 2015 Tevet/Shevat 5775

טבת~שבט תשע"ה

TEVET 10

Observed as a fast day. On this date, Jerusalem was placed under siege by the Babylonian king Nebuchadnezzar, resulting in the destruction of the First Temple (422 BCE).

TEVET 24

Yartzeit of Rabbi Schneur Zalman of Liadi, founder of the Chabad movement (1813).

SHEVAT 10

Yartzeit of Rabbi Yosef Yitzchak Schneersohn, sixth leader of Chabad Lubavitch (1950). Rabbi Yosef Yitzchak fought to preserve Jewish life in the U.S.S.R., and was eventually imprisoned, threatened with his life, and finally forced to leave (1927). In 1940 he came to the United States and established the network of Chabad-Lubavitch educational institutions throughout the U.S.A. and across the world.

This day also marks the beginning of the leadership of his son-in-law Rabbi Menachem Mendel Schneerson, known as the Lubavitcher Rebbe.

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SUNDAY	MC	MONDAY		SDAY	WEDNE	ESDAY	THURSDAY		FRIDAY		SHABBAT	
Www.UnitedAlarm 403-261-8838	ca	imes by mesbyavi.com	JANUARY 30TH 10TH-11TH OF	SHVAT, 5775	Rita Baba Realtot #103, 11012 MacLeo Calgary, Alberta T21 Cell: (403) 852-5330 Fax: (403) 271-5909 E-mail: rbabaganov@ www.ritarita.ca	or d Trail S. 6A5 MLS cirrealty.ca	Legal Holiday FAST OF TEVET 11 Fast begins at 6:45 Fast ends at 5:20pr	am	2 Light candles a	יא טבת Tevet 11 at 4:23pm	3 Shabbat en	יב טבת Tevet 12 VAYECHI Shabbat Chazzak
4 no	5 st 13	יד טבת Tevet 14	6	טו טבת Tevet 15	7	טב טבת Tevet 16	8	יז טבת Tevet 17	9	יח טבת Tevet 18 at 4:32pm	10	יט טבת Tevet 19 SHEMOT
11 n	12 12 12 12 12 12 12 12 12 12 12 12 12 1	כא טבת Tevet 21	13	כב טבת Tevet 22	14	כג טבת Tevet 23	15	כד טבת Tevet 24	16	כה טבת Tevet 25 at 4:42pm	17	כו טבת Tevet 26 VA'EIRA Blessing of new month
18 Tev	2 TO 19	כח טבת Tevet 28	20 _{New mod}	כט טבת Tevet 29 oon: 11:15 1/18 AM	21 Rosh Chodesh	א שבט Shevat 1	22	ב שבט Shevat 2	23	ג שבט Shevat 3 at 4:53pm	24 Shabbat en	ד שבט Shevat 4 BO nds at 6:07pm
25 She	26	ו שבט Shevat 6	27	ז שבט Shevat 7	28	ח שבט Shevat 8	29	ט שבט Shevat 9	Rabbi Menach Mendel Schne assumed the leadership of t Lubavitch movement in ' Light candles a	eerson, the 1950	31 Shabbat en	יא שבט Shevat 11 BESHALACH Shabbat Shira



"Arrival", by Rosa Katznelson www.rosakatznelson.com

February 2015 Shevat/Adar 5775 שבט~אדר תשע"ה

SHEVAT 15 - TU B'SHEVAT

In Jewish tradition, the fifteenth day of Shevat marks the "New Year" for the trees, opening the season in which trees begin to bud in the Holy Land. It is customary to celebrate this date by enjoying some fruit, especially the five fruits mentioned in the Torah in connection with Israel: Grapes, Figs, Pomegranates, Olives, and Dates.

SHEVAT 22

Yartzeit of Rebbetzin Chaya Mushka Schneerson, wife of the Lubavitcher Rebbe (1988).

ADAR 7

Birthday and Yartzeit of Moshe Rabbeinu (Moses), who led the Jewish people out of Egyptian bondage.

THE WEEKLY TORAH READING According to our tradition, the custom of reading from the Torah in the Synagogue every Shabbat is one of the oldest Jewish customs, instituted by Moshe Rabbeinu (Moses) himself. The Torah was divided by Moshe into 54 portions, which is the maximum number of regular readings possible during a Jewish calendar year. The regular cycle is suspended during Jewish holidays, when we read holiday themed portions instead. Most years, it becomes necessary to occasionally group two portions together in order to complete the cycle on time for Simchat Torah. Our lives are built around the calendar cycles: The year, the month, the week. Every day, the current Torah Reading offers a fresh source of inspiration. Though repeated again and again, there is always a new insight, a new guidance, a new commentary on the here and the now. This is the Jewish way of "living with the times."

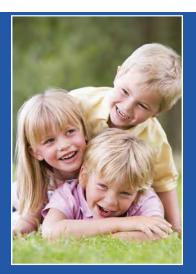


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"Purim", by Boris Shapiro, available at 646-247-3145 / Jberg@worldtradecopiers.com

March 2015 Adar/Nissan 5775 אדר~ניטן תשע"ה

PURIM

The actual story of Purim, as told in the Scroll of Esther, is as fascinating and spellbinding as any best seller. Yet, though it is sacred scripture, we do not find the name of G-d mentioned even once! But within the intricate details of the Megillah, we can detect the unmistakable hand of Divine Providence. And the closer we examine the story, the more we discover that even seemingly insignificant events are precisely arranged by the hand of the Almighty.

THE MITZVOT OF PURIM ARE:

- The Fast of Esther, held before Purim, to commemorate the day of prayer and fasting which the Jews held before their victory.
- Listen to the reading of Megillat Esther (the Scroll of Esther) at night and day, recounting the story of Purim.
- Send gifts containing at least two types of ready-to-eat food to one or more friends on the day of Purim. These gifts, called Mishloach Manot ("sending portions"), should preferably be sent via a third party.
- Give Matanot L'evyonim ("gifts of charity to the poor"). While Tzedakah (charity) is a year-round responsibility, it is a particularly special Mitzvah on Purim. Give to at least two needy individuals during Purim day.
- Celebrate with a special festive and joyous meal.

We Wish You All a Toyous Purim!

NISAN 11

Birthday of the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson (1902).



SU	NDAY	МО	NDAY	TUE	ESDAY	WED	NESDAY	THU	JRSDAY	FI	RIDAY	SH	IABBAT
1	י אדר Adar 10	2	יא אדר Adar 11	3	יב אדר Adar 12	4	יג אדר Adar 13	5	יד אדר Adar 14	6	טו אדר Adar 15	7	טז אדר Adar 16 KI TISA
						FAST OF E Fast begin Fast ends	s at 5:32am	PURIM		SHUSHAN Light candl	PURIM es at 6:08pm	Shabbat e	ends at 7:16pm
8	יז אדר Adar 17	9	יח אדר Adar 18	10	יט אדר Adar 19	11	כ אדר Adar 20	12	כא אדר Adar 21	13	כב אדר Adar 22	14,	כג אדר Adar 23 /AYAK'HEIL-PEKUDEI Parshat Parah Shabbat Chazzak Blessing of new month
Daylight S	aving Time									Light candl	es at 7:20pm	Shabbat e	ends at 8:28pm
15	כד אדר Adar 24	16	כה אדר Adar 25	17	כו אדר Adar 26	18	כז אדר Adar 27	19	כח אדר Adar 28		כט אדר Adar 29 oon: 12:43 3/18 PM	Rosh Cho	א ניסן Nissan 1 VAYIKRA Parshat Hachodesh
22	ב ניטן Nissan 2	23	ג ניטן Nissan 3	24	ד ניטן Nissan 4	25	ה ניטן Nissan 5	26	ו ביטן Nissan 6	27	ז ניטן Nissan 7	28 Shabbat e	ת ניטן Nissan 8 TZAV Shabbat HaGadol
29	ט ניסן Nissan 9	30	י ביסן Nissan 10		יא ניטן Nissan 11 3th Birthday of the Lubavitcher Rebbe		Homes by ANI homesbyavi.com	#103, 1101: Calgary, Al Cell: (403) Fax: (403) E-mail: rba www.ritarit	baganov@cirrealty.ca		THE ENDSHIP CIRCLE	www.U	NITED LARM Since 1990 InitedAlarm.ca 3-261-8838



"Az Yashir - Song at the Sea", by Haim R. Sherrf, (514) 9666-ART(278) / www.sherrf.com

April 2015 Nissan/Iyar 5775 ניסן~אייר תשע״ה

CELEBRATING PESACH (PASSOVER)

On Pesach we celebrate the birth of the Jewish nation with our miraculous redemption from Egypt. Pesach is celebrated by refraining from eating (or evening owning) any foods which are chametz (leavened), and by participating in a Seder dinner on the first two nights of the holiday.

THE SEDER

The Pesach Seder, conducted each of the first two nights of Pesach, is the central event of the Passover festival.

- We drink four cups of wine (or grape juice), remembering the redemption and its four stages.
- We ask the "Four Questions" and recite the Haggadah, retelling the story of Passover and the miracles of our redemption.
- We eat Shmurah Matzah, the plain unleavened bread which aren't allowed to rise, remembering both the simple bread of slaves and the swiftness of the redemption from Egypt.
- We eat Maror (bitter herbs), remembering the bitterness of the enslavement.

THE LAST DAY OF PESACH

The eighth and final day of Pesach is associated with the ultimate redemption through Moshiach, and our fervent hope for its imminent arrival. In many communities, a festive "Moshiach Meal" is organized toward the evening, to emphasize this day's special dimension.

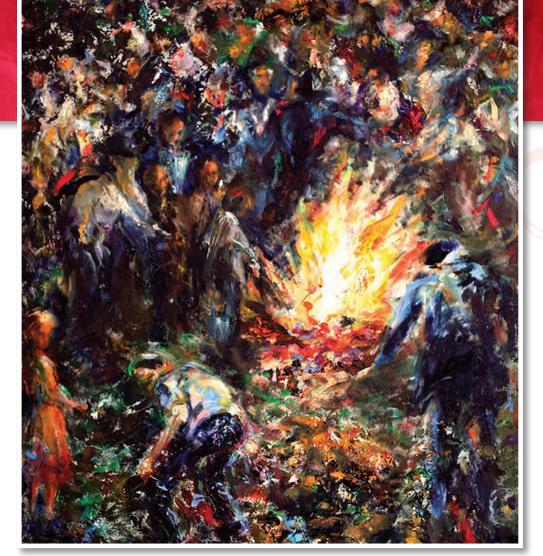
WE ARE HEAR TO HELP

Contact our office for more information about removal and sale of chometz, shmurah matzah, Seder preparations, or anything else you need to know about the holiday.









"Lag Ba'Omer Bonfire", by Rosa Katznelson www.rosakatznelson.com

May 2015 Iyar/Sivan 5775 אייר~סיוו תשע״ה

COUNTING OF THE OMER:

Beginning the second evening of Pesach, we count seven weeks until the arrival of the festival of Shavuot. They correspond to the seven weeks, starting from the night of the Exodus, during which our ancestors eagerly awaited the receiving of the Torah at Mount Sinai.

PESACH SHENI

When the Holy Temple stood in Jerusalem, this day offered a second chance to offer the Passover sacrifice for those who had been unable to bring their offering at the appropriate time.

IYAR 18 - LAG BA'OMFR

On this date, in the early 2nd century, the students of Rabbi Akiva, the greatest sage of that era, ceased to die from an epidemic. Years later on the same date, his student Rabbi Shimon Bar Yochai, Mishnaic sage and author of the Zohar (the seminal work of Kabbalah) passed away. Having fulfilled his mission in this world he asked that the anniversary of his

passing be celebrated as a joyous occasion. Throughout the Land of Israel — and indeed in Jewish communities throughout the world — this day is marked with festivities and bonfires. In particular, thousands journey to rejoice in the town of Meron, site of Rabbi Shimon's resting place.

THE FESTIVAL OF SHAVUOT:

Shavuot celebrates the giving of the Torah at Mount Sinai. It is on this day that we became G-d's "chosen people", and He formed a bond with us which shall never be broken.

SHAVUOT OBSERVANCES:

- All-night Torah-study on the first night of Shavuot. This is the best preparation for receiving the Torah!
- Reading of the Ten Commandments in the synagogue on the first day of Shavuot. Bring your children too!
- A festive dairy meal is served on the first day of Shavuot. Like milk for an infant, we receive all our spiritual nourishment from the Torah!



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June 2015 Sivan/Tammuz 5775

סיון~תמוז תשע״ה

TAMMUZ 3

Assinghat cheolicigus taken Bebbewillabbis Mbavitchem Babbach Rebbso Menashem The Rebbeso Menashem Responsive Menashem Responsive Representation of Menashem Representation of Menashem Rebbeson Representation of Rebbsons of Menashem Rebbsons

TAMMUZ 12

Birthday of Rabbi Yosef Yitzchak, sixth leader of Chabad Lubavitch (1880), and his release from Bolshevik imprisonment (1927). He was imprisoned and threatened with his life for his struggle to preserve Judaism in the Soviet Union. His release was celebrated throughout the Jewish world as a victory for Jewry and Judaism.

THE UPCOMING REDEMPTION

The belief in the upcoming redemption is one of the foundations of our faith, and has been promised to us by almost every one of our prophets, beginning with Moses himself. Maimonides included it in his famous Thirteen Principles of the Jewish Faith. Throughout the ages, even during the most trying times, our ancestors have always prayed for and looked forward to the coming of Moshiach, our redeemer.

LET'S WELCOME MOSHIACH

Led by the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson, many prominent Radbiss procedainment this generation to be the one to usher in the redemption. We can prepare for this special time by studying the relevant passages in the Torah and its commentaries, and by increasing in acts of goodness and kindness. This will not only help us prepare for the redemption — this will hasten its arrival!





S	UNDAY	MO	NDAY	TUE	SDAY	WEDN	ESDAY	THUF	RSDAY	FR	IDAY	SH	ABBAT
#103, 110 Calgary, / Cell: (40) Fax: (40) E-mail: rt www.rita	Babaganov Realtor Realtor 112 MacLeod Trail S. Alberta T2J 6A5 3) 852-5330 3) 271-5909 abbaganov@cirrealty.ca rita.ca	1	יד סיון Sivan 14	2	טו סיון Sivan 15	3	טז טיון Sivan 16	4	יז סיון Sivan 17	5			יט טיון Sivan 19 BEHA'ALOTECHA rkei-Avot: Chapter 2
7	כ סיון Sivan 20	8	כא טיון Sivan 21	9	כב טיון Sivan 22	10	כג טיון Sivan 23	11	כד טיון Sivan 24	12	כה טיון Sivan 25		Sivan 26 SHLACH rkei-Avot: Chapter 3 Blessing of new month
14	כז טיון Sivan 27	15	כח טיון Sivan 28	16	כט סיון Sivan 29	17 New mo	ל טיון Sivan 30 oon: 2:55 6/18 AM	18 Rosh Chodesl	א תמוז Tammuz 1	19	ב תמוז Tammuz 2	Joshu se The Flast n	TIME A Tammuz 3 KORACH rkei-Avot: Chapter 4 a stopped the Sun from etiting in 1271 B.C.E. Rebbe's Day Rebbe Ascended on his nission to complete the edemption in 5754. Yechi Hamelech! nds at 11:08pm
21	ד תמוז Tammuz 4	22	ה תמוז Tammuz 5	23	ו תמוז Tammuz 6	24	ז תמוז Tammuz 7	25	ח תמוז Tammuz 8	26	ט תמוז Tammuz 9 יייי ייייי א אייייייייייייייייייייייי		י תמרז Tammuz 10 CHUKAT rkei-Avot: Chapter 5
28	יא תמוז Tammuz 11	29	יב תמוז Tammuz 12	30	יג תמוז Tammuz 13	www.G	anlsrael.ca	Galgary Yacha	ad liebrew School brewSchool.ca	UN AI si www.Un	NITED ARM nce 1990 nitedAlarm.ca 261-8838	SAM PHONE: 4 FAX: 40	Miclor Financial Services Inc. Gutman 403.398.5540 033.205.3844 LORFINANCIAL.COM



"Whoever mourns for Jerusalem ... will merit to rejoice in its rebuilding", by Haim R. Sherrf, (514) 9666-ART(278) / www.sherrf.com

9 Consecutive Years

July 2015 Tammuz/Menachem Av 5775

תמוז~מנחם אב תשע"ה

A PERIOD OF MOURNING

The 17th of Tammuz is observed as a day of fasting. On this date, in the year 68, the walls of Jerusalem were breached by the Romans after years of siege. The Jewish forces continued to defend the Temple Mount for another 19 days, until it too fell on the 7th of Av. The Beit HaMikdash, the Holy Temple, was torched late on Av 9. The entire period, totaling 21 days, is observed by not scheduling weddings and in general holding no festivities. From the beginning of Av until after the Ninth of Av (excluding Shabbat), we refrain from consuming meat or wine and from various pleasurable activities as a sign of additional mourning.

TISH'A B'AV - THE NINTH OF AV

The Ninth of Av has been a sad day on the Jewish calendar from the earliest days of our history as a people. Just one year after our forefathers left Egypt, it was on this date that G-d punished that generation, decreeing that they would wander the desert for forty years, never entering into the Holy Land. The focus of our mourning, however, is on the destruction on this date of both the first Temple (422 BCE) and the second Temple (68 CE). The observances of the fast of Tish'a B'Av are similar to those of Yom Kippur. These include refraining from any food or drink, wearing leather shoes, washing or showering, using oils or lotions, and from marital relations. Additionally, on the eve of the fast, the scroll of Eichah (Lamentations) is read in the synagogue in a unique chant, which is mournful yet reassuring. Until noon we sit on low seats only, as a mourner does during Shiva.

May we merit seeing the ultimate redemption and rebuilding of the Temple by Moshiach, now!

Av 15

Several joyful events have occurred on this date, including the end of the 40-year decree upon the Jewish people to wander and die in the desert after leaving Egypt. This date is particularly joyful as it occurs just as we conclude the mourning period over the destruction of the Temple.

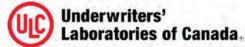


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SUNDAY MONDAY		Y TL	JESDAY	WEDN	IESDAY	THU	IRSDAY	FRI	DAY	SHABBAT
Homes by AVI www.homesbyavi.com	MLS y.ca	w.Ganlsrael.ca	1 Canada Day	יד תמוז Tammuz 14	2	טר תמוז Tammuz 15	3	טז תמוז Tammuz 16	לד תמוז Tammuz 17 BALAK Pirkei-Avot: Chapter 6	
5 Tammuz 1 FAST OF 17th TAMMUZ Fast begins at 1:59am Fast ends at 10:39pm		יט תמ muz 19 7	כ תמוז Tammuz 20	8	כא תמוז Tammuz 21	9	כב תמוז Tammuz 22	10	כג תמוז Tammuz 23 t 9:32pm	Tammuz 24 PINCHAS Pirkei-Avot: Chapter 1 Blessing of new month
ה תמוז Tammuz 2	13 Tami	כו תמ מועז 26 14	כז תמוז Tammuz 27	15	כח תמוז Tammuz 28	16 _{New}	כט תמוז Tammuz 29 v moon: 3:39 7/18 PM	Rosh Chodesh Light candles a		ב אב ב Av 2 Av 2 MATOT-MASS'EI Shabbat Chazzak Pirkei-Avot: Chapter 2
19 Av	3 20	ד אב Av 4	ה אב Av 5	22	ו אב Av 6	23	ז אב Av 7	24	ח אב Av 8	ע אב ט אב ט Av 9 DEVARIM Shabbat Chazon
26 مد Av 1	5 27	אב אב 28	יב אב Av 12	29	יג אב Av 13	30	יד אב Av 14	31	טר אב Av 15 t 9:06pm	www.UnitedAlarm.ca 403-261-8838

July 2015 - Tammuz/Menachem Av 5775



"Mazal Toy!", by Boris Shapiro, available at 646-247-3145 / Jberg@worldtradecopiers.com

August 2015 Menachem Av/Elul 5775 מנחם אב~אלול תשע"ה

KOSHER

Kashrut: Spiritual Diet for a Small Planet

For our physical wellbeing, few things are as important as a healthy diet. But the Kosher laws offer the soul similar benefits, and more. The mystical masters teach us that everything we eat has a bit of holiness - a "spark" of divine energy released when we eat foods prepared in accord with the kosher laws. Just as the body responds to the quality of the food that fuels it, so too the soul: With appropriate foods prepared in the prescribed manner, we absorb the Divine nourishment that makes for a healthy spirit. Adapting your diet to a kosher life style is easier than you might imagine. The shelves of your local supermarket are stocked with literally hundreds and even thousands of products produced under kosher supervision.

TEFILLIN

Tefillin, or phylacteries, are donned every weekday by Jewish men and boys over the age of 13. The Torah describes Tefillin as a sign, a public statement of Jewish involvement. By donning Tefillin daily, an individual gives expression to his basic feeling of Jewish identity and its importance to him.

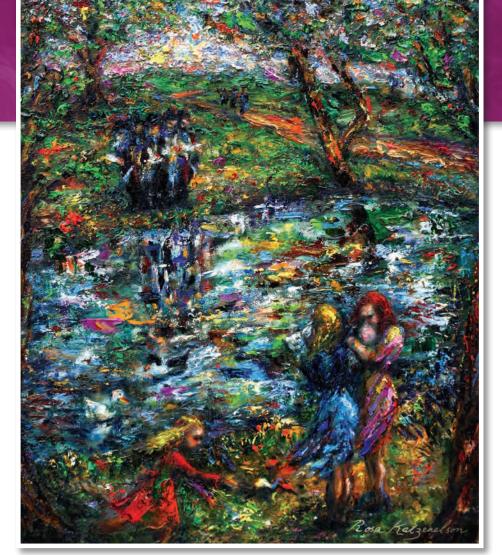
The Tefillin are placed on the arm facing the heart, and on the head. This signifies the binding of one's emotional and intellectual powers to the service of G-d. The straps, stretching from the arm to the hand and from the head to the legs, signify the transmission of intellectual and emotional energy to the hands and feet, symbolizing deed and action.



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SUNE	DAY	MON	DAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SHABBAT	
Micl Fina Serv SAM GI PHONE: 403.2 FAX: 403.2 SAM@MICLORFIN	ncial vices Inc. utman 398.5540 05.3844	Rita Bab Reea. #103, 11012 MacL Calgary, Alberta T Cell: (403) 852-53. Fax: (403) 271-59 E-mail: rbabaganov www.ritarifa.ca	eod Trail S. 21 6A5 30 MLS 09 @cirrealty.ca	www.Unite 403-26	dAlarm.ca	gang Yac	and Hebrew School ebrew School.ca	THE FRIENDSHIP CIRCLE www.myFriendship.ca		www.YouthCentre.org			טז אב Av 16 VA'ETCHANAN habbat Nachamu i-Avot: Chapter 3
2	יז אב Av 17	3	יח אב Av 18	4	יט אב Av 19	5	כ אב Av 20	6	כא אב Av 21	7	כב אב Av 22	Blo	כג אב Av 23 EIKEV i-Avot: Chapter 4 essing of new month
	כד אב	Heritage Day	כה אב	1.1	כו אב	10	כז אב	1.0	כח אב	Light candles at	8:55pm בשני כט אב	Shabbat ends	at 10:09pm ל אב
9	Av 24	10	Av 25	11	Av 26	12	Av 27	13	Av 28	Light candles at	Av 29		Av 30 RE'EH i-Avot: Chapter 5 moon: 4:23 8/18 AM
16 Rosh Chodesh	א אלול Elul 1	17	ב אלול Elul 2	18	ג אלול Elul 3	19	ד אלול Elul 4	20	ה אלול Elul 5	21 Light candles at	ו אלול Elul 6	22 Pirke	ז אלול Elul 7 SHOFTIM i-Avot: Chapter 6
23	ח אלול Elul 8	24	ט אלול Elul 9	25	י אלול Elul 10	26	יא אלול Elul 11	27	יב אלול Elul 12	28	יג אלול 13 Elul	29 Pirkei-Av	יד אלול Elul 14 KI TEITZEI ot: Chapter 1 & 2
30	טר אלול Elul 15	31	טז אלול Elul 16							Light candles at	8:13pm	Shabbat ends	at 9:21pm
August	9015	Men	achon	$\Delta v/E$	11 577	75							

August 2015 - Menachem Av/Elul 5775



"The Eye of the Fish", by Rosa Katznelson, www.rosakatznelson.com

September 2015 Elul 5775/Tishrei 5776

אלול תשע"ה~תשרי תשע"ו

ELUL 18

Known as Chai Elul, the "life" of Elul. Birthday of Rabbi Israel Baal Shem Tov (1698), founder of the Chassidic movement, and of Rabbi Shneur Zalman of Liadi (1745), founder of the Chabad movement.

ELUL 25-26

After midnight, we recite Selichot (special penitential prayers). We continue to recite Selichot every morning until Rosh Hashanah.

ROSH HASHANAH

Rosh Hashanah (literally, the "head" of the year) is the beginning of the Jewish year — and the "birthday" of all of creation. It commemorates the creation of Adam and Eve, the first humans. Man was the first to acknowledge G-d's kingship over the universe, and on Rosh Hashanah we renew this commitment to G-d and His commandments.

THE SHOFAR

The sounding of the Shofar (the ram's horn) is a central observance of Rosh Hashanah. The Shofar calls many things to mind: It symbolizes our coronation of G-d as King, it is a "wake up call" to return to G-d, and it presages the coming of Moshiach, whose arrival will be heralded by the "Great Shofar".

YOM KIPPUR

Yom Kippur, the Day of Atonement, is the holiest day of the Jewish calendar. It is day of spiritual cleansing: We acknowledge our shortcomings and transgressions, with a firm resolution for a better future; G-d promises us forgiveness, and the chance for a fresh start. We refrain from work, and avoid any food or drink, as well as washing, using oils or lotions, marital relations and regular (leather)

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Y	SUNDAY MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
	olinging Judaism to Life,	Homes by AVI	יז אלול Elul 17	יח אלול Elul 18	יט אלול Elul 19	כ אלול Elul 20	5 בא אלול Elul 21 KI TAVO Shabbat Selichot Pirkei-Avot: Chapter 3 & 4
	Calgary Yachad Hebrew School www.myHebrewSchool.ca	www.homesbyavi.com		Birthday of Ba'al Shem Tov, founder of Chassidic Movement. Birthday of the Alter Rebbe, 1st Lubavitcher Rebbe in 1745.		Light candles at 7:58pm	Shabbat ends at 9:04pm
	כב אלול Elul 22	כג אלול Elul 23	S כד אלול Elul 24	כה אלול Elul 25	כו אלול Elul 26	11 בו אלול Elul 27	בח אלול Elul 28 NITZAVIM Pirkei-Avot: Chapter 5 & 6
		Labour Day				Light candles at 7:42pm	Shabbat ends at 8:48pm
	כט אלול Elul 29	א תשרי Tishrei 1	ב תשרי Tishrei 2	ג תשרי Tishrei 3	ד תשרי Tishrei 4	ה תשרי Tishrei 5	ו תשרי Tishrei 6 VAYEILECH Shabbat Shuva
	Light candles at 7:37pm	1st day of ROSH HASHANAH Light candles after 8:43pm	2nd day of ROSH HASHANAH Holiday ends at 8:40pm	FAST OF GEDALIAH Fast begins at 5:26am Fast ends at 8:22pm		Light candles at 7:26pm	Shabbat ends at 8:31pm
	ז תשרי Tishrei 7	תשרי Tishrei 8	ט תשרי Tishrei 9	י תשרי Tishrei 10	א תשרי Tishrei 11	יב תשרי Tishrei 12	יג תשרי Tishrei 13 HA'AZINU
			Light candles and Fast begins at 7:17pm	YOM KIPPUR Holiday ends at 8:22pm		Light candles at 7:10pm	Shabbat ends at 8:15pm
	יד תשרי Tishrei 14	טו תשרי Tishrei 15 1st day of SUKKOT Light candles after 8:10pm	29 טז תשרי Tishrei 16	יז תשרי Tishrei 17	www.UnitedAlarm.ca 403-261-8838	DEWISH LEARNING INSTITUTE WWW.myJLl.ca	Rita Babaganov Realtor #103, 11012 MacLeod Trail S. Calgary, Alberta T2J 6A5 Cell: (403) 852-5330 Fax: (403) 271-5909 E-mail: rababaganov@cirrealty.ca www.ritarita.ca

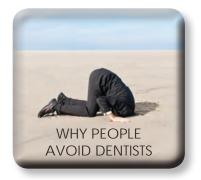


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