

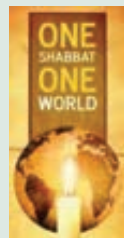
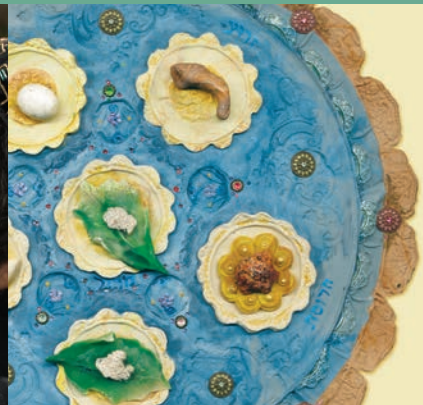


ב"ה

5774
תשע"ד

Jewish CALENDAR

2013
2014





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YECHI HAMELECH

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The Chevra Kadisha, literally “The Holy Society,” is Calgary’s oldest Jewish communal organization. Its mandate to provide Jewish burial services is the continuation of an age-old tradition of burying the dead with dignity, with proper ritual and as a communal service. The Chevra Kadisha was formed in 1904, when Calgary had only a few Jewish families. The community was growing rapidly, and in 1914 the Chevra Kadisha was incorporated as an independent society.



Calgary Chevra Kadisha continues to provide a service to the Jewish community maintaining many of the historical traditions of our people that go back hundreds of years. May its volunteer membership continue to grow from strength to strength.



"Tashlich Prayer at the Water" by E. Flerova, www.nerartgallery.com

ROSH HASHANAH

Rosh Hashanah (literally, the "head" of the year) is the beginning of the Jewish year – and the "birthday" of all of creation. It commemorates the creation of Adam and Eve, the first humans. On the day he was created, Adam acknowledged G-d's kingship over the entire universe. Each Rosh Hashanah, we reaffirm this with our renewed commitment to G-d and His commandments.

THE SHOFAR

The sounding of the Shofar (the ram's horn) is a central observance of Rosh Hashanah. The Shofar calls many things to mind: It symbolizes our coronation of G-d as King, it is a "wake up call" to return to G-d, and it presages the coming of Moshiach, whose arrival will be heralded by the "Great Shofar".

YOM KIPPUR

Yom Kippur, the Day of Atonement, is the holiest day in the Jewish calendar. On this day, we acknowledge and regret our past sins and resolve to improve in the future. In return, G-d promises us forgiveness. This day is one of spiritual cleansing; we refrain from working, eating and drinking, washing, anointing with oils or lotions, marital relations and wearing leather shoes.

SUKKOT

After a period of sober and reverent reflection

during the Days of Awe, we are ready for the joyous holiday of Sukkot, "the Season of our Joy", rejoicing in the knowledge that G-d has inscribed us for a good and healthy new year. The name Sukkot is derived from the word Sukkah, or hut. In commemoration of the protective "clouds of glory" with which G-d surrounded the Jewish people on their way out of Egypt, we live in makeshift huts during the seven days of this holiday.

During Sukkot, we observe the special mitzvah of shaking the Lulav (palm branch) and the Etrog (citron). Taken together with the Hadas (myrtle) and the Aravah (willow), these very different plant species represent the unity of disparate types of Jews who all play their part in forming the Jewish nation.

SIMCHAT TORAH

Simchat Torah marks the day we complete the reading of the Torah in its annual cycle. On the evening of Simchat Torah, (and in many communities, on the previous evening of Shemini Atzeret as well) we make seven Hakafot (circuits) around the table upon which the Torah is read, dancing and rejoicing with the Torah scrolls. During morning services on Simchat Torah, we complete the Torah, reading the last Torah portion. We immediately start reading the Torah from the beginning again—remembering that the Torah is an endless source of wisdom, each cycle challenging us to discover its ever deeper meaning.



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Calgary Southwest

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Jewish community.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SHABBAT

1 כו אלול
Elul 26

2 כז אלול
Elul 27

3 כח אלול
Elul 28

4 כט אלול
Elul 29

5 א תשרי
Tishrei 1

6 ב תשרי
Tishrei 2

7 ג תשרי
Tishrei 3
HA'AZINU
Shabbat Shuva

Labour Day

Eruv Tavshilin
Light candles at 7:58pm

1st day of
ROSH HASHANAH
Light candles after 9:05pm

2nd day of
ROSH HASHANAH
Light candles at 7:53pm

Shabbat ends at 9:00pm

8 ד תשרי
Tishrei 4

9 ה תשרי
Tishrei 5

10 ו תשרי
Tishrei 6

11 ז תשרי
Tishrei 7

12 ח תשרי
Tishrei 8

13 ט תשרי
Tishrei 9

14 י תשרי
Tishrei 10

FAST OF GEDALIAH
Fast begins at 5:16am
Fast ends at 8:43pm

Light candles at 7:37pm
Fast begins at 7:55pm

Yizkor
YOM KIPPUR
Shabbat ends at 8:43pm

15 יא תשרי
Tishrei 11

16 יב תשרי
Tishrei 12

17 יג תשרי
Tishrei 13

18 יד תשרי
Tishrei 14

19 טו תשרי
Tishrei 15

20 טז תשרי
Tishrei 16

21 יז תשרי
Tishrei 17

Eruv Tavshilin
Light candles at 7:26pm

1st day of SUKKOT
Light candles after 8:32pm

2nd day of SUKKOT
Light candles at 7:21pm

1st Intermediate day
Shabbat ends at 8:27pm

22 יח תשרי
Tishrei 18

23 יט תשרי
Tishrei 19

24 כ תשרי
Tishrei 20

25 כא תשרי
Tishrei 21

26 כב תשרי
Tishrei 22

27 כג תשרי
Tishrei 23

28 כד תשרי
Tishrei 24
BEREISHIT
Blessing of new month

2nd Intermediate day

3rd Intermediate day

4th Intermediate day

HOSHANA RABA
Eruv Tavshilin
Light candles at 7:10pm

Yizkor
SHEMINI ATZERET
Light candles after 8:15pm

SIMCHAT TORAH
Light candles at 7:05pm

Shabbat ends at 8:11pm

29 כה תשרי
Tishrei 25

30 כז תשרי
Tishrei 26





"Noah and the Dove" by Natalie Kadish, www.nataliakadish.com

CHESHVAN 7

In Israel, this is the first day of the official rain season. Prayers for rain were held off until this day, in deference to those making their way back from Jerusalem where they spent the holidays.

CHESHVAN 11

Passing of our Matriarch Rachel, wife of Yaakov. Rachel passed away in 1563 BCE as Yaakov was returning home to his parents. She is buried in Bethlehem.

CHESHVAN 20

Birthday of Rabbi Sholom Dov Ber (1860), fifth leader of Chabad Lubavitch.

THE WEEKLY TORAH READING

According to our tradition, the custom of reading from the Torah in the Synagogue every Shabbat is one of the oldest Jewish customs, instituted by Moshe Rabbeinu (Moses) himself. The Torah was divided by Moshe into 54 portions, which is the maximum number of regular readings possible during a Jewish calendar year. The regular cycle is suspended during Jewish holidays, when we read holiday themed portions instead. Most years, it becomes necessary to occasionally group two portions together in order to complete the cycle on time for Simchat Torah. Our lives are built around the calendar cycles: The year, the month, the week. Every day, the current Torah Reading offers a fresh source of inspiration. Though repeated again and again, there is always a new insight, a new guidance, a new commentary on the here and the now. This is the Jewish way of "living with the times."



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www.dave.rodney.ca



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SHABBAT

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1 כז תשרי
Tishrei 27

2 כח תשרי
Tishrei 28

3 כט תשרי
Tishrei 29

4 ל תשרי
Tishrei 30
New moon: 11:30 3/18 PM

Rosh Chodesh
Light candles at 6:50pm

5 א חשוון
Cheshvan 1
NOACH

Rosh Chodesh
Shabbat ends at 7:55pm

6 ב חשוון
Cheshvan 2

7 ג חשוון
Cheshvan 3

8 ד חשוון
Cheshvan 4

9 ה חשוון
Cheshvan 5

10 ו חשוון
Cheshvan 6

11 ז חשוון
Cheshvan 7

Light candles at 6:34pm

12 ח חשוון
Cheshvan 8
LECH LECHA

Shabbat ends at 7:40pm

13 ט חשוון
Cheshvan 9

14 י חשוון
Cheshvan 10

Thanksgiving Day

15 יא חשוון
Cheshvan 11

16 יב חשוון
Cheshvan 12

17 יג חשוון
Cheshvan 13

18 יד חשוון
Cheshvan 14

Light candles at 6:20pm

19 טו חשוון
Cheshvan 15
VAYEIRA

Shabbat ends at 7:26pm

20 טז חשוון
Cheshvan 16

21 יז חשוון
Cheshvan 17

22 יח חשוון
Cheshvan 18

23 יט חשוון
Cheshvan 19

24 כ חשוון
Cheshvan 20

25 כא חשוון
Cheshvan 21

Light candles at 6:05pm

26 כב חשוון
Cheshvan 22
CHAYEI SARAH

Shabbat ends at 7:13pm

27 כג חשוון
Cheshvan 23

28 כד חשוון
Cheshvan 24

29 כה חשוון
Cheshvan 25

30 כז חשוון
Cheshvan 26

31 כח חשוון
Cheshvan 27

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"Chanukah" by Michael Muchnik, www.muchnikarts.com

KISLEV 19

Yartzeit of Rabbi Dov Ber of Mezritch, the second leader of the Chassidic movement (1772). Release from prison of Rabbi Schneur Zalman of Liadi, founder of the Chabad movement (1798). His triumphant release marked a turning point in the spreading of Chassidic thought, and this date is celebrated in many communities throughout the world, as "Chassidic Rosh Hashanah".

CELEBRATING CHANUKAH

The kindling of the Menorah is the focal point of the Chanukah holiday, symbolizing religious freedom and the strength of the Jewish spirit. The menorah is kindled on each of the eight nights of Chanukah, this year beginning Wednesday night, November 27th.

The Menorah is placed at the left side of a central doorway of the home, or at the front window. The candles should be lit immediately

following sunset, and should be prepared so that they will remain lit for at least a half hour after dusk. Due to Shabbat observance, the Menorah is lit before the Shabbat candles on Friday evening and after the Havdalah ceremony at the end of Shabbat.

Gather all family members and light the Shamash, the service candle. Recite the proper blessings and then light the candles beginning from the left. Then place the Shamash at its designated place, separated from the other candles.

OTHER CHANUKAH OBSERVANCES:

In addition to the kindling of the Menorah, special prayers are added to the regular services during the eight days of the holiday. Additional customs include preparing oil-rich dishes such as doughnuts or latkes; playing with the dreidel (spintop); and the giving of Chanukah-gelt (cash gifts) to the young.

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THURSDAY

FRIDAY

SHABBAT

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1 כח חשוון
Cheshvan 28

Light candles at 5:52pm



2 כט חשוון
Cheshvan 29
TOLDOT
Blessing of new month

Shabbat ends at 7:01pm

3 ל חשוון
Cheshvan 30
New moon: 12:14 4/18 PM

Standard Time
Rosh Chodesh

4 א כסלו
Kislev 1

Yom Habahir
Rosh Chodesh

5 ב כסלו
Kislev 2

6 ג כסלו
Kislev 3

7 ד כסלו
Kislev 4

8 ה כסלו
Kislev 5

Light candles at 4:41pm



9 ו כסלו
Kislev 6
VAYEITZEI

Shabbat ends at 5:50pm

10 ז כסלו
Kislev 7

11 ח כסלו
Kislev 8

Remembrance Day

12 ט כסלו
Kislev 9

13 י כסלו
Kislev 10

14 יא כסלו
Kislev 11

15 יב כסלו
Kislev 12

Light candles at 4:31pm



16 יג כסלו
Kislev 13
VAYISHLACH

Shabbat ends at 5:41pm

17 יד כסלו
Kislev 14

18 טו כסלו
Kislev 15

19 טז כסלו
Kislev 16

20 יז כסלו
Kislev 17

21 יח כסלו
Kislev 18

22 יט כסלו
Kislev 19

Alter Rebbe, founder of the Lubavitch Movement, was released from the St. Petersburg Jail in 1798

Light candles at 4:22pm



23 כ כסלו
Kislev 20
VAYEISHEV

Shabbat ends at 5:35pm

24 כא כסלו
Kislev 21

25 כב כסלו
Kislev 22

26 כג כסלו
Kislev 23

27 כד כסלו
Kislev 24

28 כה כסלו
Kislev 25

29 כו כסלו
Kislev 26

CHANUKAH
Light candles at 4:16pm



30 כז כסלו
Kislev 27
MIKETZ
Blessing of new month

CHANUKAH
Shabbat ends at 5:30pm



"Jerusalem" by Dennis Bacchus, www.nerartgallery.com

TEVET 10

Observed as a fast day. On this date, Jerusalem was placed under siege by the Babylonian king Nebuchadnezzar, resulting in the destruction of the First Temple (422 BCE).

TEVET 24

Yartzeit of Rabbi Schneur Zalman of Liadi, founder of the Chabad movement (1813).

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SHABBAT

1 כח כסלו
Kislev 28



CHANUKAH

2 כט כסלו
Kislev 29



CHANUKAH

3 ל כסלו
Kislev 30
New moon: 12:58 5/18 AM



CHANUKAH
Rosh Chodesh

4 א טבת
Tevet 1



CHANUKAH
Rosh Chodesh
In evening begin Tal U'Matar

5 ב טבת
Tevet 2

CHANUKAH

6 ג טבת
Tevet 3



Light candles at 4:12pm

7 ד טבת
Tevet 4
VAYIGASH

Shabbat ends at 5:28pm

8 ה טבת
Tevet 5

9 ו טבת
Tevet 6

10 ז טבת
Tevet 7

11 ח טבת
Tevet 8

12 ט טבת
Tevet 9

13 י טבת
Tevet 10

FAST OF TEVET 10
Fast begins at 6:42am
Fast ends at 5:12pm
Light candles at 4:11pm



14 יא טבת
Tevet 11
VAYECHI
Shabbat Chazzak

Shabbat ends at 5:28pm

15 יב טבת
Tevet 12

16 יג טבת
Tevet 13

17 יד טבת
Tevet 14

18 טו טבת
Tevet 15

19 טז טבת
Tevet 16

20 יז טבת
Tevet 17



Light candles at 4:13pm

21 יח טבת
Tevet 18
SHEMOT

Shabbat ends at 5:30pm

22 יט טבת
Tevet 19


23 כ טבת
Tevet 20

24 כא טבת
Tevet 21

25 כב טבת
Tevet 22

26 כג טבת
Tevet 23

27 כד טבת
Tevet 24



Light candles at 4:17pm

28 כה טבת
Tevet 25
VA'EIRA
Blessing of new month

Shabbat ends at 5:34pm

29 כו טבת
Tevet 26

30 כז טבת
Tevet 27

31 כח טבת
Tevet 28



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"Tu Bi'Shevat" by Michoel Muchnik, www.muchnikarts.com

SHEVAT 10

Yartzeit of Rabbi Yosef Yitzchak Schneersohn, sixth leader of Chabad Lubavitch (1950). Rabbi Yosef Yitzchak fought to preserve Jewish life in the U.S.S.R. until he was imprisoned, threatened with his life, and finally forced to leave (1927). In 1940 he came to the United States and established the network of Chabad-Lubavitch educational institutions throughout the U.S.A. and across the world.

This day also marks the beginning of the leadership of his son-in-law Rabbi Menachem Mendel Schneerson, known as the Lubavitcher Rebbe.

SHEVAT 22

Yartzeit of Rebbetzin Chaya Mushka Schneerson, wife of the Lubavitcher Rebbe (1988).

SHEVAT 15 TU B'SHEVAT

In Jewish tradition, the fifteenth day of Shevat is the "New Year" of the trees, opening the season in which trees begin to bud in the Holy Land of Israel. Just as Rosh Hashanah, the New Year for all creation, is the day on which man is judged, so too is Tu B'Shevat the day of judgment for earth's trees.

To commemorate this special day, Jews throughout the world eat the distinctive foods that are characteristic of the Holy Land, especially the five fruits mentioned in the Torah: Grapes, Figs, Pomegranates, Olives, and Dates.



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THURSDAY

FRIDAY

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1 **כט טבת** Tevet 29
 New moon: 1:42 6/18 PM
 Legal Holiday

2 **א שבט** Shevat 1
 Rosh Chodesh

3 **ב שבט** Shevat 2
 Light candles at 4:24pm

4 **ג שבט** Shevat 3
 80
 Shabbat ends at 5:41pm

5 **ד שבט** Shevat 4

6 **ה שבט** Shevat 5

7 **ו שבט** Shevat 6

8 **ז שבט** Shevat 7

9 **ח שבט** Shevat 8

10 **ט שבט** Shevat 9
 Light candles at 4:33pm

11 **י שבט** Shevat 10
BESHALACH
 Shabbat Shira
 Rabbi Menachem Mendel Schneerson, assumed the leadership of the Lubavitch movement in 1950
 Shabbat ends at 5:49pm

12 **יא שבט** Shevat 11

13 **יב שבט** Shevat 12

14 **יג שבט** Shevat 13

15 **יד שבט** Shevat 14

16 **טו שבט** Shevat 15
 TU B'SHEVAT

17 **טז שבט** Shevat 16
 Light candles at 4:44pm

18 **יז שבט** Shevat 17
YITRO
 Shabbat ends at 5:59pm

19 **יח שבט** Shevat 18

20 **יט שבט** Shevat 19

21 **כ שבט** Shevat 20

22 **כא שבט** Shevat 21

23 **כב שבט** Shevat 22
 Yahrzeit of Rebbetzin Chaya Mushke, wife of Lubavitcher Rebbe

24 **כג שבט** Shevat 23
 Light candles at 4:55pm

25 **כד שבט** Shevat 24
MISHPATIM
 Blessing of new month
 Shabbat ends at 6:09pm

26 **כה שבט** Shevat 25

27 **כו שבט** Shevat 26

28 **כז שבט** Shevat 27

29 **כח שבט** Shevat 28

30 **כט שבט** Shevat 29

31 **ל שבט** Shevat 30
 New moon: 2:26 7/18 AM
 Rosh Chodesh
 Light candles at 5:08pm

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"A Father's Blessing", photo by Michail Levit, levit@actcom.co.il

SHABBAT AND FESTIVAL Candles

Throughout the ages, light has stirred the imagination of poets, mystics, scientists and psychologists. Because its nature is so different from other material entities, it is often used to describe spiritual insight. Shabbat is a day of light; its pattern and value-orientation is different from the other days of the week. Thus it is the lighting of the Shabbat Candles that ushers in this state of awareness and inspires us to feel the way it permeates our lives. The mystics call this day of light the Shabbat Queen, and the responsibility for lighting the candles and inducing this change of perspective is the woman's. It is she who welcomes the Shabbat Queen into the home.

Young girls, from the age of three or younger, are encouraged to light their own candles, to involve and educate them in this profound and beautiful mitzvah.

The Shabbat Candles are lit 18 minutes before sunset.

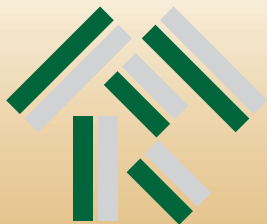
THE JEWISH CALENDAR

The Jewish calendar is the only calendar to which both the monthly and annual units are governed by real astronomical events: The lunar month, and the solar year.

The word for month in the Torah is either chodesh ("renewal"), or yerach ("moon"), both hinting at a lunar month. At the same time, the Torah commands us to ensure that the holiday of Passover always occurs in the spring, hinting at a solar year.

Because twelve lunar months are approximately 11 days short of a solar year, it becomes necessary to occasionally add a 13th month, Adar I, to the Jewish calendar year, which is then called a Leap Year.

Our sages have devised a system of 19-year cycles, 7 of which are declared leap years. This includes this year, the 17th in the 304th cycle.



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1

א אדר א
Adar I 1
TERUMAH

Rosh Chodesh
Shabbat ends at 6:20pm

2

ב אדר א
Adar I 2

3

ג אדר א
Adar I 3

4

ד אדר א
Adar I 4

5

ה אדר א
Adar I 5

6

ו אדר א
Adar I 6

7

ז אדר א
Adar I 7

8

ח אדר א
Adar I 8
TETZAVEH

Shabbat ends at 6:32pm

Light candles at 5:20pm



9

ט אדר א
Adar I 9

10

י אדר א
Adar I 10

11

יא אדר א
Adar I 11

12

יב אדר א
Adar I 12

13

יג אדר א
Adar I 13

14

יד אדר א
Adar I 14

15

טו אדר א
Adar I 15
KI TISA

Shushan Purim Katan
Shabbat ends at 6:43pm

Purim Katan
Light candles at 5:33pm



16

טז אדר א
Adar I 16

17

יז אדר א
Adar I 17

Family Day

18

יח אדר א
Adar I 18

19

יט אדר א
Adar I 19

20

כ אדר א
Adar I 20

21

כא אדר א
Adar I 21

22

כב אדר א
Adar I 22
VAYAK'HEIL

Shabbat ends at 6:55pm

Light candles at 5:45pm



23

כג אדר א
Adar I 23

24

כד אדר א
Adar I 24

25

כה אדר א
Adar I 25

26

כו אדר א
Adar I 26

27

כז אדר א
Adar I 27

28

כח אדר א
Adar I 28

Light candles at 5:57pm



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can start as early as
six months of age

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can cause unhealthy
Permanent teeth

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at 3 years of age

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when they have pain,
they only fuss and cry

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eating and poor disposition

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and fingers can cause
changes to jaws and teeth

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"Purim" by Michael Muchnik, www.muchnikarts.com

ADAR 7

Birthday and Yartzeit of Moshe Rabbeinu (Moses), who led the Jewish people out of Egyptian bondage.

PURIM

The actual story of Purim, as told in the Scroll of Esther, is as fascinating and spellbinding as any best seller. Yet, though it is sacred scripture, we do not find the name of G-d mentioned even once! But within the intricate details of the Megillah, we can detect the unmistakable hand of Divine Providence. And the closer we examine the story, the more we discover that even seemingly insignificant events are precisely arranged by the hand of the Almighty.

THE MITZVOT OF PURIM ARE:

- The Fast of Esther, held before Purim, to commemorate the day of prayer and fasting which the Jews held before their victory.

- Listen to the reading of Megillat Esther (the Scroll of Esther) at night and day, recounting the story of Purim.
- Send gifts containing at least two types of ready-to-eat food to one or more friends on the day of Purim. These gifts, called Mishloach Manot ("sending portions"), should preferably be sent via a third party.
- Give Matanot L'evyonim ("gifts of charity to the poor"). While Tzedakah (charity) is a year-round responsibility, it is a particularly special Mitzvah on Purim. Give to at least two needy individuals on Purim day.
- Celebrate with a special festive and joyous meal.
- It is traditional to give 3 half dollar coins to charity before Purim, to commemorate the annual half-shekel given by each Jew in the times of the Holy Temple. This mitzvah is usually performed in the synagogue.

WE WISH YOU ALL A JOYOUS PURIM!

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1 כט אדר א'
Adar I 29
PEKUDEI
Parshat Shekalim
Shabbat Chazzak
Blessing of new month
New moon: 3:10 8/18 PM

Shabbat ends at 7:07pm

2 ל אדר א'
Adar I 30

Rosh Chodesh

3 א אדר ב'
Adar II 1

Rosh Chodesh

4 ב אדר ב'
Adar II 2

5 ג אדר ב'
Adar II 3

6 ד אדר ב'
Adar II 4

7 ה אדר ב'
Adar II 5

Light candles at 6:09pm 

8 ו אדר ב'
Adar II 6
VAYIKRA

Shabbat ends at 7:19pm

9 ז אדר ב'
Adar II 7

Daylight Saving Time

10 ח אדר ב'
Adar II 8

11 ט אדר ב'
Adar II 9

12 י אדר ב'
Adar II 10

13 יא אדר ב'
Adar II 11

Fast of Esther
Fast begins at 6:17am
Fast ends at 8:13pm

14 יב אדר ב'
Adar II 12

Light candles at 7:21pm 

15 יג אדר ב'
Adar II 13
TZAV
Parshat Zachor

Shabbat ends at 8:30pm

16 יד אדר ב'
Adar II 14



Purim

17 טו אדר ב'
Adar II 15



Shushan Purim

18 טז אדר ב'
Adar II 16

19 יז אדר ב'
Adar II 17

20 יח אדר ב'
Adar II 18

21 יט אדר ב'
Adar II 19

Light candles at 7:33pm 

22 כ אדר ב'
Adar II 20
SHEMINI
Parshat Parah

Shabbat ends at 8:42pm

23 כא אדר ב'
Adar II 21

24 כב אדר ב'
Adar II 22

25 כג אדר ב'
Adar II 23

26 כד אדר ב'
Adar II 24


27 כה אדר ב'
Adar II 25

28 כו אדר ב'
Adar II 26

29 כז אדר ב'
Adar II 27
TAZRIA
Parshat Hachodesh
Blessing of new month

30 כח אדר ב'
Adar II 28

31 כט אדר ב'
Adar II 29
New moon: 3:54 9/18 AM

Light candles at 7:45pm 

Shabbat ends at 8:55pm



"The Seder Plate" by Michael Muchnik, www.muchnikarts.com

NISAN 11

Birthday of the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson (1902).

CELEBRATING PESACH (PASSOVER)

Pesach is celebrated by refraining from eating or owning any chametz foods for the duration of the holiday, and by participating in a Seder dinner on the first two nights of the holiday, during which we partake of some Shmurah-Matzah.

REMOVAL OF CHAMETZ

Chametz (leaven) is defined as wheat, barley, oats, rye or spelt which have been mixed with water and then had time to rise. During Pesach it is forbidden to eat, derive benefit or even own chametz, or any mixture containing chametz. We prepare for Pesach by thoroughly cleaning and removing any trace of chametz from our space, then koshering our kitchen to prepare it for Pesach use. Food products used on Pesach must be certified Kosher for Passover. Any chametz we don't plan on destroying before Pesach is placed in a special room or closet, sealed, and sold, with the help of a Rabbi, to a non-Jew.

THE SEDER

The Pesach Seder, conducted each of the first two nights of Pesach, is the central event of the Passover festival.

DURING THE SEDER, WE:

- Drink four cups of wine (or grape juice), reminding us of the redemption and its four stages.
- Ask the Four Questions and recite the Haggadah, which tells the story of Passover and describes the miracles of our redemption.
- Eat hand-made Shmurah Matzah, the plain unleavened bread which symbolizes both the simple bread of slaves and the swiftness of the redemption from Egypt, when our ancestors did not even have time to let the dough rise.
- Eat Maror (bitter herbs), which reminds us of the bitterness of the enslavement.

THE LAST DAY OF PESACH

The eighth and final day of Pesach is associated with Moshiach and our fervent hope for his imminent arrival. In many communities, a festive "Moshiach Meal" is organized toward the evening, to emphasize this day's special dimension.



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1 א ניסן
Nissan 1

Rosh Chodesh

2 ב ניסן
Nissan 2

3 ג ניסן
Nissan 3

4 ד ניסן
Nissan 4

Light candles at 7:56pm 

5 ה ניסן
Nissan 5
METZORA

Shabbat ends at 9:07pm

6 ו ניסן
Nissan 6


7 ז ניסן
Nissan 7


8 ח ניסן
Nissan 8

9 ט ניסן
Nissan 9

10 י ניסן
Nissan 10

11 יא ניסן
Nissan 11

 112th Birthday of the Lubavitcher Rebbe

Light candles at 8:08pm 

12 יב ניסן
Nissan 12
ACHAREI
Shabbat HaGadol

Shabbat ends at 9:20pm

13 יג ניסן
Nissan 13

14 יד ניסן
Nissan 14



Eat chometz until 11:19am
Destroy chometz by 12:28pm
Fast of First Born
First Seder  Light candles at 8:12pm

15 טו ניסן
Nissan 15



1st day of PASSOVER
Second Seder 
In the evening count Omer 1
Light candles after 9:25pm

16 טז ניסן
Nissan 16
Omer 1

2nd day of PASSOVER
In the evening count Omer 2
Holiday ends at 9:27pm

17 יז ניסן
Nissan 17
Omer 2

1st Intermediate day
In the evening count Omer 3


18 יח ניסן
Nissan 18
Omer 3

2nd Intermediate day 
In the evening count Omer 4
Light candles at 8:19pm


19 יט ניסן
Nissan 19
Omer 4

3rd Intermediate day
In the evening count Omer 5
Shabbat ends at 9:33pm

20 כ ניסן
Nissan 20
Omer 5

4th Intermediate day 
In the evening count Omer 6
Light candles at 8:22pm

21 כא ניסן
Nissan 21
Omer 6

7th day of PASSOVER 
In the evening count Omer 7
Light candles after 9:37pm

22 כב ניסן
Nissan 22
Omer 7

 Yizkor
8th day of PASSOVER
In the evening count Omer 8
Holiday ends at 9:39pm


23 כג ניסן
Nissan 23
Omer 8

In the evening count Omer 9

24 כד ניסן
Nissan 24
Omer 9

In the evening count Omer 10

25 כה ניסן
Nissan 25
Omer 10

In the evening count Omer 11 
Light candles at 8:30pm

26 כו ניסן
Nissan 26
Omer 11
KEDOSHIM
Pirkei-Avot: Chapter 1
Blessing of new month

In the evening count Omer 12
Shabbat ends at 9:46pm

27 כז ניסן
Nissan 27
Omer 12

In the evening count Omer 13

28 כח ניסן
Nissan 28
Omer 13

Yom Hashoa
In the evening count Omer 14

29 כט ניסן
Nissan 29
Omer 14

New moon: 4:38 10/18 PM

In the evening count Omer 15

30 ל ניסן
Nissan 30
Omer 15

Rosh Chodesh
In the evening count Omer 16

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"Prayer at the Wall", photo by Michail Levit, levit@actcom.co.il

COUNTING OF THE OMER:

Beginning the second evening of Pesach, we count seven weeks until the arrival of the festival of Shavuot. They correspond to the seven weeks, starting from the night after the exodus during which our ancestors eagerly awaited the receiving of the Torah at Mount Sinai.

IYAR 14 – PESACH SHENI

When the Holy Temple stood in Jerusalem, this day offered a second chance to offer the Passover sacrifice for those who, because of distance or ritual impurity, had been unable to bring their offering at the appropriate time.

IT'S NEVER TOO LATE:

The eternal significance of the Second Passover, says the sixth Lubavitcher Rebbe, Rabbi Yosef Yitzchak Schneersohn, is that it is never too late to rectify a past failing. Even if a person has failed to fulfill an aspect of his/her mission in life, so that the Torah calls

him/her "contaminated by death" (i.e., in a state of disconnection from the divine source of life) or "on a distant road" from his people and G-d, there is always another chance, a second "Passover", in which s/he can make good on what s/he has missed out.

IYAR 18 – LAG BA'OMER

On this date, in the early 2nd century, the students of Rabbi Akiva, the greatest sage of that era, ceased to die from an epidemic. Years later on this same date, his student Rabbi Shimon Bar Yochai, Mishnaic sage and author of the Zohar (the seminal work of Kabbalah) passed away. Having fulfilled his mission in this world he asked that the anniversary of his death be celebrated as a joyous occasion. Throughout the Land of Israel – and indeed in Jewish communities throughout the world – this day is marked with festivities and bonfires. In particular, thousands journey to rejoice in the town of Miron, site of Rabbi Shimon's resting place.

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1

א אייר
Iyar 1
Omer 16

Rosh Chodesh
In the evening count Omer 17

2

ב אייר
Iyar 2
Omer 17

In the evening count Omer 18
Light candles at 8:42pm

3

ג אייר
Iyar 3
Omer 18
EMOR
Pirkei-Avot: Chapter 2

In the evening count Omer 19
Shabbat ends at 10:00pm

4

ד אייר
Iyar 4
Omer 19

In the evening count Omer 20

5

ה אייר
Iyar 5
Omer 20

Yom Hazikaron
In the evening count Omer 21

6

ו אייר
Iyar 6
Omer 21

Israel Day
In the evening count Omer 22

7

ז אייר
Iyar 7
Omer 22

In the evening count Omer 23

8

ח אייר
Iyar 8
Omer 23

In the evening count Omer 24

9

ט אייר
Iyar 9
Omer 24

In the evening count Omer 25
Light candles at 8:53pm

10

י אייר
Iyar 10
Omer 25
BEHAR
Pirkei-Avot: Chapter 3

In the evening count Omer 26
Shabbat ends at 10:14pm

11

יא אייר
Iyar 11
Omer 26

Mother's Day
In the evening count Omer 27

12

יב אייר
Iyar 12
Omer 27

In the evening count Omer 28

13

יג אייר
Iyar 13
Omer 28

In the evening count Omer 29

14

יד אייר
Iyar 14
Omer 29

PESACH SHEINI
In the evening count Omer 30

15

טו אייר
Iyar 15
Omer 30

In the evening count Omer 31

16

טז אייר
Iyar 16
Omer 31

In the evening count Omer 32
Light candles at 9:03pm

17

יז אייר
Iyar 17
Omer 32
BECHUKOTAI
Shabbat Chazzak
Pirkei-Avot: Chapter 4

In the evening count Omer 33
Shabbat ends at 10:27pm

18

יח אייר
Iyar 18
Omer 33



LAG B'OMER
In the evening count Omer 34

19

יט אייר
Iyar 19
Omer 34

Victoria Day
In the evening count Omer 35

20

כ אייר
Iyar 20
Omer 35

In the evening count Omer 36

21

כא אייר
Iyar 21
Omer 36

In the evening count Omer 37

22

כב אייר
Iyar 22
Omer 37

In the evening count Omer 38

23

כג אייר
Iyar 23
Omer 38

In the evening count Omer 39
Light candles at 9:13pm

24

כד אייר
Iyar 24
Omer 39
BAMIDBAR
Pirkei-Avot: Chapter 5
Blessing of new month

In the evening count Omer 40
Shabbat ends at 10:37pm

25

כה אייר
Iyar 25
Omer 40

In the evening count Omer 41

26

כו אייר
Iyar 26
Omer 41

In the evening count Omer 42

27

כז אייר
Iyar 27
Omer 42

In the evening count Omer 43

28

כח אייר
Iyar 28
Omer 43

Yom Yerushalayim
In the evening count Omer 44

29

כט אייר
Iyar 29
Omer 44

In the evening count Omer 45

New moon: 5:22 11/18 AM

30

א סיון
Sivan 1
Omer 45

Rosh Chodesh
In the evening count Omer 46
Light candles at 9:22pm

31

ב סיון
Sivan 2
Omer 46
NASO
Pirkei-Avot: Chapter 6

In the evening count Omer 47
Shabbat ends at 10:50pm



"Kissing the Torah" by E. Flerova, www.nerartgallery.com

THE HOLIDAY OF SHAVUOT:

The festival of Shavuot celebrates the giving of the Torah – G-d's gift to every single Jew. The Torah provides humankind with directives to lead a meaningful, productive life. It gives us the insight to see beyond the outer layers of our physical existence and behold the G-dliness within, and the means with which we can refine our lives and the world around us.

SHAVUOT OBSERVANCES:

- All-night Torah-study on the first night of Shavuot. This is the best preparation for receiving the Torah!
- Reading of the Ten Commandments in the synagogue on the first day of Shavuot. Bring your children too!
- A festive dairy meal is served on the first day of Shavuot. Our ancestors had not yet learned to prepare Kosher meat!

TEFILLIN

Tefillin, or phylacteries, are donned every weekday by Jewish men and boys over the age of 13. The Torah describes Tefillin as a sign, a public statement of Jewish involvement. By donning Tefillin daily, an individual gives expression to his basic feeling of Jewish identity and its importance to him.

The Tefillin are placed on the arm facing the heart, and on the head. This signifies the binding of one's emotional and intellectual powers to the service of G-d. The straps, stretching from the arm to the hand and from the head to the legs, signify the transmission of intellectual and emotional energy to the hands and feet, symbolizing deed and action.

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1 ג סיון
Sivan 3
Omer 47

In the evening count Omer 48

2 ד סיון
Sivan 4
Omer 48

In the evening count Omer 49

3 ה סיון
Sivan 5
Omer 49

Light candles at 9:26pm

4 ו סיון
Sivan 6

1st day of SHAVUOT
Light candles after 10:56pm

5 ז סיון
Sivan 7

Yizkor
2nd day of SHAVUOT
Holiday ends at 10:57pm

6 ח סיון
Sivan 8

Isru Chag
Light candles at 9:29pm

7 ט סיון
Sivan 9
BEHAALOTECHA
Pirkei-Avot: Chapter 1

Shabbat ends at 10:59pm

8 י סיון
Sivan 10

9 יא סיון
Sivan 11

10 יב סיון
Sivan 12

11 יג סיון
Sivan 13

12 יד סיון
Sivan 14

13 טו סיון
Sivan 15

Light candles at 9:34pm

14 טז סיון
Sivan 16
SHLACH
Pirkei-Avot: Chapter 2

Shabbat ends at 11:06pm

15 יז סיון
Sivan 17

Father's Day

16 יח סיון
Sivan 18

17 יט סיון
Sivan 19

18 כ סיון
Sivan 20

19 כא סיון
Sivan 21

20 כב סיון
Sivan 22

Light candles at 9:37pm

21 כג סיון
Sivan 23
KORACH
Pirkei-Avot: Chapter 3
Blessing of new month

Shabbat ends at 11:09pm

22 כד סיון
Sivan 24

23 כה סיון
Sivan 25

24 כו סיון
Sivan 26

25 כז סיון
Sivan 27

26 כח סיון
Sivan 28

27 כט סיון
Sivan 29

Light candles at 9:37pm

28 ל סיון
Sivan 30
CHUKAT
Pirkei-Avot: Chapter 4

Rosh Chodesh
Shabbat ends at 11:08pm

29 א תמוז
Tammuz 1

Rosh Chodesh

30 ב תמוז
Tammuz 2



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"Like a dove, I would ... be at rest" (Psalms 55:7), By N. Solominsky, www.nertartgallery.com

TAMMUZ 3

Rabbi Yitzhak of Corchages Lubavitch with the Lubavitcher Rebbe, Rabbi Menachem Schneerson, 9th Rebbe of Chabad-Lubavitch, passed away on July 19, 1994. His teachings and his leadership have inspired millions of Jews and non-Jews alike. His teachings are a source of inspiration and guidance for all who seek a deeper understanding of their faith and their place in the world. The Rebbe's vision and prophetic insights are a source of hope and redemption for all who believe in the power of God and the goodness of His world. The Rebbe's mission and prophetic insights are a source of hope and redemption for all who believe in the power of God and the goodness of His world.

time by studying the relevant passages in the Torah and its commentaries, and by increasing in acts of goodness and kindness. This will not only help us prepare for the redemption – this will hasten its arrival!

TAMMUZ 12

Birthday of Rabbi Yosef Yitzhak, sixth leader of Chabad Lubavitch (1880), and his release from Bolshevik imprisonment (1927). He was imprisoned and threatened with his life for his struggle to preserve Judaism in the Soviet Union. His release was celebrated throughout the Jewish world as a victory for Jewry and Judaism.

THE UPCOMING REDEMPTION

The belief in the upcoming redemption is one of the foundations of our faith, and has been promised to us by almost every one of our prophets, beginning with Moses himself. Maimonides included it in his famous Thirteen Principles of the Jewish Faith. Throughout the ages, even during the most trying times, our ancestors have always prayed for and looked forward to the coming of Moshiach, our redeemer.

LET'S WELCOME MOSHIACH

Led by the Lubavitcher Rebbe, Rabbi Menachem M. Schneerson, many prominent Rabbis proclaimed this generation to be the one to usher in the redemption. We can prepare for this special

FAST OF TAMMUZ 17

The 17th of Tammuz marks the beginning of a three-week period of mourning. This is a tragic time on our calendar during which many calamities befell our nation in the course of history. On the 17th of Tammuz in particular, after years of siege, the walls of Jerusalem were breached. The Jewish forces continued to defend the Temple Mount for another 19 days, until it too fell on the 7th of Av. The Beit HaMikdash, the Holy Temple, was torched late on Av 9. Thus the "Three Weeks" begins with a fast on the 17th of Tammuz and concludes with a full day (25 hour) fast on the Ninth of Av. During this period, we do not celebrate weddings and in general hold no festivities.



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1 ג תמוז
Tammuz 3




Joshua stopped the Sun from setting in 1271 B.C.E.
Rebbe's Day
The Rebbe Ascended on his last mission to complete the redemption in 5754.
Yechi Hamelech!

Canada Day

2 ד תמוז
Tammuz 4

3 ה תמוז
Tammuz 5

4 ו תמוז
Tammuz 6



Light candles at 9:35pm

5 ז תמוז
Tammuz 7
BALAK
Pirkei-Avot: Chapter 5

Shabbat ends at 11:04pm

6 ח תמוז
Tammuz 8

7 ט תמוז
Tammuz 9

8 י תמוז
Tammuz 10

9 יא תמוז
Tammuz 11

10 יב תמוז
Tammuz 12

11 יג תמוז
Tammuz 13



Light candles at 9:31pm

12 יד תמוז
Tammuz 14
PINCHAS
Pirkei-Avot: Chapter 6

Shabbat ends at 10:57pm

13 טו תמוז
Tammuz 15

14 טז תמוז
Tammuz 16

15 יז תמוז
Tammuz 17

FAST OF 17th TAMMUZ
Fast begins at 2:45am
Fast ends at 10:32pm

16 יח תמוז
Tammuz 18

17 יט תמוז
Tammuz 19

18 כ תמוז
Tammuz 20



Light candles at 9:24pm

19 כא תמוז
Tammuz 21
MATOT
Pirkei-Avot: Chapter 1

Shabbat ends at 10:48pm

20 כב תמוז
Tammuz 22

21 כג תמוז
Tammuz 23

22 כד תמוז
Tammuz 24

23 כה תמוז
Tammuz 25

24 כו תמוז
Tammuz 26

25 כז תמוז
Tammuz 27



Light candles at 9:15pm

26 כח תמוז
Tammuz 28
MASSEI
Shabbat Chazzak
Pirkei-Avot: Chapter 2
Blessing of new month

Shabbat ends at 10:36pm

27 כט תמוז
Tammuz 29
New moon: 6:50 13/18 AM

28 א אב
Av 1

Rosh Chodesh

29 ב אב
Av 2

30 ג אב
Av 3

31 ד אב
Av 4



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"Bride in Ancient Jerusalem" by Dennis Bacchus, www.nerartgallery.com

THE NINE DAYS OF MOURNING

While the mourning period begins on Tammuz 17, it intensifies when the month of Av begins. From the First of Av until after the Ninth of Av (excluding Shabbat), we refrain from consuming meat or wine and from various pleasurable activities as a sign of additional mourning.

TISH'A B'AV - THE NINTH OF AV

The Ninth of Av has been a sad day on the Jewish calendar from the earliest days of our history as a people. Just one year after our forefathers left Egypt, it was on this date that G-d punished that generation, decreeing that they would wander the desert for forty years, never entering into the Holy Land. Much more recently, World War I began on Av 9. The focus of our mourning, however, is on the destruction on this date of both the first Temple (422 BCE) and the second Temple (68 CE). The observances of the fast of Tish'a B'Av are similar to

those of Yom Kippur. These include refraining from any food or drink, wearing leather shoes, washing or showering, anointing oneself with oils or lotions, and from marital relations. Additionally, on the eve of the fast, the scroll of Eichah (Lamentations) is read in the synagogue in a unique chant, melancholy yet reassuring. Until noon we sit on low seats only, as a mourner does during Shiva.

May we merit seeing the ultimate redemption and rebuilding of the Temple by Moshiach, now!

AV 15

The Mishnah (Tractate Ta'anit) recounts: "There were no greater holidays for the Jewish people than that of the 15th of Av and of Yom Kippur." Several joyful events have occurred on this date, including the end of the 40 year decree upon the Jewish people to wander and die in the desert after leaving Egypt. This date is particularly joyful as it occurs just as we conclude the mourning period over the destruction of the Temple.



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1 ה אב 5
 Light candles at 9:05pm

2 ו אב 6
 DEVARIM
 Shabbat Chazon
 Pirkei-Avot: Chapter 3
 Shabbat ends at 10:22pm

3 ז אב 7
 Heritage Day
 Fast begins at 9:18pm

4 ח אב 8
 Heritage Day
 Fast begins at 9:18pm

5 ט אב 9

 FAST OF 9th OF AV
 Fast ends at 9:58pm

6 י אב 10

7 יא אב 11

8 יב אב 12
 Light candles at 8:53pm

9 יג אב 13
 VA'ETCHANAN
 Shabbat Nachamu
 Pirkei-Avot: Chapter 4
 Shabbat ends at 10:08pm

10 יד אב 14

11 טו אב 15

12 טז אב 16

13 יז אב 17

14 יח אב 18

15 יט אב 19
 Light candles at 8:40pm

16 כ אב 20
 EIKEV
 Pirkei-Avot: Chapter 5
 Shabbat ends at 9:52pm

17 כא אב 21

18 כב אב 22

19 כג אב 23

20 כד אב 24

21 כה אב 25

22 כו אב 26
 Light candles at 8:26pm

23 כז אב 27
 RE'EH
 Pirkei-Avot: Chapter 6
 Blessing of new month
 Shabbat ends at 9:36pm

24 ח אלו 28
31 ה אלו 5

25 ט אב 29
 New moon: 7:34 14/18 PM

26 י אב 30
 Rosh Chodesh

27 יא אלו 1
 Rosh Chodesh

28 יב אלו 2

29 יג אלו 3
 Light candles at 8:11pm

30 יד אלו 4
 SHOFTIM
 Pirkei-Avot: Chapter 1
 Shabbat ends at 9:19pm



"The Sound of the Shofar", photo by Michail Levit, levit@actcom.co.il

ELUL

The month of Elul, the last of the Jewish calendar, is the time to reflect on our actions of the passing year, and to find ways to correct any shortcomings. In synagogues around the world, extra prayers are recited daily and the Shofar is sounded every weekday.

THE KING IS IN THE FIELD

During the month of Elul, G-d is closer and more accessible to us than the rest of the year. When the king leaves his guarded palace and travels through the fields, he makes himself accessible to all – and the people stop what they are doing and come out to greet him, excited by the rare opportunity to see their king up-close. So too with us: The knowledge that G-d is more accessible to us this month compels us to reach out to him through repentance, prayer and charity.

ELUL 18

Known as Chai Elul, the "life" of Elul. Birthday of Rabbi Israel Baal Shem Tov (1698), founder of the Chassidic movement, and of Rabbi Shneur Zalman of Liadi (1745), founder of the Chabad movement.

ELUL 25-26

After midnight, we recite Selichot (special penitential prayers). We continue to recite Selichot every weekday from Monday morning until Rosh Hashanah.

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SUNDAY

MONDAY

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THURSDAY

FRIDAY

SHABBAT



1 אלוּל 1
Elul 6

Labour Day

2 אלוּל 2
Elul 7

3 אלוּל 3
Elul 8

4 אלוּל 4
Elul 9

5 אלוּל 5
Elul 10

Light candles at 7:55pm

6 אלוּל 6
Elul 11
KI TEITZEI
Pirkei-Avot: Chapter 2

Shabbat ends at 9:03pm

7 אלוּל 7
Elul 12

8 אלוּל 8
Elul 13

9 אלוּל 9
Elul 14

10 אלוּל 10
Elul 15

11 אלוּל 11
Elul 16

12 אלוּל 12
Elul 17

Light candles at 7:40pm

13 אלוּל 13
Elul 18
KI TAVO
Pirkei-Avot: Chapter 3 & 4

Birthday of Ba'al Shem Tov,
founder of Chassidic Movement.
Birthday of the Alter Rebbe, 1st
Lubavitcher Rebbe in 1745.

Shabbat ends at 8:46pm

14 אלוּל 14
Elul 19

15 אלוּל 15
Elul 20

16 אלוּל 16
Elul 21

17 אלוּל 17
Elul 22

18 אלוּל 18
Elul 23

19 אלוּל 19
Elul 24

Light candles at 7:24pm

20 אלוּל 20
Elul 25
NITZAVIM -
VAYEILECH
Shabbat Selichot
Pirkei-Avot: Chapter 5 & 6

Beginning of Creation
Shabbat ends at 8:29pm

21 אלוּל 21
Elul 26

22 אלוּל 22
Elul 27

23 אלוּל 23
Elul 28

24 אלוּל 24
Elul 29

Eruv Tavshilin
Light candles at 7:12pm

25 תשרי 1
Tishrei 1

1st day of
ROSH HASHANAH
Light candles after 8:17pm

26 תשרי 2
Tishrei 2

2nd day of
ROSH HASHANAH
Light candles at 7:08pm

27 תשרי 3
Tishrei 3
HA'AZINU
Shabbat Shuva

Shabbat ends at 8:13pm

28 תשרי 4
Tishrei 4

FAST OF GEDALIAH
Fast begins at 5:53am
Fast ends at 7:57pm

29 תשרי 5
Tishrei 5

30 תשרי 6
Tishrei 6

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